

## What can I get on CSFP?

A monthly package of nutritious foods including canned meat, vegetables, fruit, juice, cheese, milk, cereal, peanut butter or beans, and pasta, rice or potatoes. Infants get formula, juice and cereal. You also receive Nutrition Education.

## If I am on TEFAP can I also be on CSFP?

Yes.

## If I am on WIC can I also be on CSFP?

No. But when your child 'graduates' from WIC at age 5 he or she can be on WIC for another year, up to age 6. Postpartum women who go off WIC at 6 months can be on CSFP for another 6 months.

## How do I apply for CSFP?

Fill out a simple application form and take it to you nearest CSFP office.

## CSFP Local Office Information:

In Anchorage call:  
**272-FOOD**  
(272-3663)

[Info@foodbankofalaska.org](mailto:Info@foodbankofalaska.org)  
[www.foodbankofalaska.org](http://www.foodbankofalaska.org)

In Fairbanks call:  
**45-SHARE**  
(457-4273)

[www.fairbanksfoodbank.org](http://www.fairbanksfoodbank.org)

**CSFP is only available in Anchorage & Fairbanks since 2003**

Revised 3/2011

# ALASKA CSFP

**C**ommodity  
**S**upplemental  
**F**ood  
**P**rogram



Monthly Packages of  
Nutritious Foods and  
Nutrition Education  
for Seniors, Women  
and Children

USDA is an equal opportunity provider.

REV 2011

# Who qualifies for CSFP?

You qualify for the CSFP if you are a pregnant woman, new mom up to 1 year postpartum, infant, child up to 6 years, or a senior over 60 years and your income is at or below these guidelines, or you are already on Medicaid, Food Stamps or ATAP.

Income eligible:

Pregnant women



New Moms  
(up to 1 year)

Infants &  
Children  
(up to 6 years)



Seniors  
over 60



## Income Guidelines for Infants, Children and Women

(Effective from March 1, 2011 to Feb 29, 2012)

| Household Size         | Annually | Monthly |
|------------------------|----------|---------|
| 1                      | 25,160   | 2,097   |
| 2                      | 34,003   | 2,834   |
| 3                      | 42,846   | 3,571   |
| 4                      | 51,689   | 4,308   |
| 5                      | 60,532   | 5,045   |
| 6                      | 69,375   | 5,782   |
| 7                      | 78,218   | 6,519   |
| 8                      | 87,061   | 7,256   |
| Each add'l member, add | +8,843   | +737    |

## Income Guidelines for Seniors

(Effective until 2012 guidelines are announced)

| Household Size         | Annually | Monthly |
|------------------------|----------|---------|
| 1                      | 17,680   | 1,474   |
| 2                      | 23,894   | 1,992   |
| 3                      | 30,108   | 2,509   |
| 4                      | 36,322   | 3,027   |
| 5                      | 42,536   | 3,545   |
| 6                      | 48,750   | 4,063   |
| 7                      | 54,964   | 4,581   |
| 8                      | 61,178   | 5,099   |
| Each add'l member, add | +6,214   | +518    |