

What can I get on CSFP?

A monthly package of nutritious foods including canned meat, vegetables, fruit, juice, cheese, milk, cereal, peanut butter or beans, and pasta, rice or potatoes. Infants get formula, juice and cereal. You also receive Nutrition Education.

If I am on TEFAP can I also be on CSFP?

Yes.

If I am on WIC can I also be on CSFP?

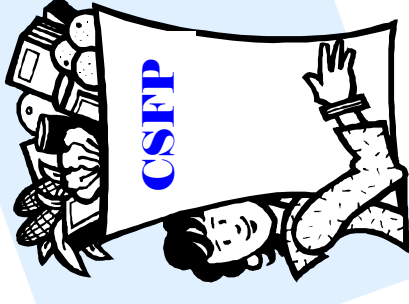
No. But when your child 'graduates' from WIC at age 5 he or she can be on WIC for another year, up to age 6. Postpartum women who go off WIC at 6 months can be on CSFP for another 6 months.

How do I apply for CSFP?

Fill out a simple application form and take it to you nearest CSFP office.

ALASKA CSFP

Commodity Supplemental Food Program



Monthly Packages of
Nutritious Foods and
Nutrition Education
for Seniors, Women
and Children

CSFP Local Office Information:

In Anchorage call:
272-FOOD
(272-3663)

Info@foodbankofalaska.org
www.foodbankofalaska.org

In Fairbanks call:
45-SHARE
(457-4273)

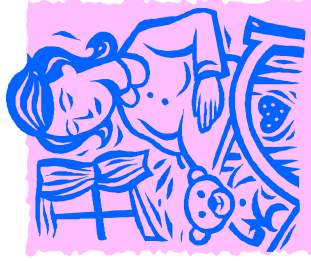
www.fairbanksfoodbank.org

**CSFP is only available in
Anchorage & Fairbanks
in 2003**

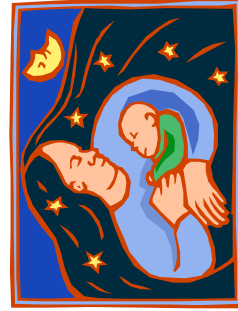
Who qualifies for CSFP?

You qualify for the CSFP if you are a pregnant woman, new mom up to 1 year postpartum, infant, child up to 6 years, or a senior over 60 years and your income is at or below these guidelines, or you are already on Medicaid, Food Stamps or ATAP.

Income eligible:



Pregnant women



New Moms (up to 1 year)



Infants & Children (up to 6 years)



Seniors over 60

Income Guidelines for Infants, Children and Women

(Effective from July 1, 2004 to June 30, 2005)

Household Size	Annually	Monthly
1	21,516	1,793
2	28,879	2,240
3	36,242	3,021
4	43,605	3,634
5	50,968	4,248
6	58,331	4,861
7	65,694	5,475
8	73,057	6,089
Each add'l member, add	+7,363	+614

Income Guidelines for Seniors

(Effective until 2006 guidelines are announced)

Household Size	Annually	Monthly
1	15,535	1,295
2	20,839	1,737
3	26,143	2,179
4	31,447	2,621
5	36,751	3,063
6	42,055	3,505
7	47,359	3,947
8	52,663	4,389
Each add'l member, add	+5,304	+442